

Connecting Students to Private Practice Providers in the Community

Accessing Providers

- Psychology Today
 - Most widely used
- Therapy Den
 - Social justice and inclusivity focused
- ThrivingCampus
 - Specifically designed to connect college students with community providers

Making Appropriate and Accessible Provider Referrals

- Goodness of fit for their presenting concerns and therapist preferences
- Clinicians that are currently accepting new clients
- Referrals that are geographically accessible and meet transportation needs

Educate Students about Private Practice Services

- It is normal to reach the voicemail of a private practice clinician, and it is important to leave a message
- Encourage students to make sure that their voicemail is activated and not full
- Warn students that private practice clinician caseloads can feel to limit feelings of discouragement or rejection if a recommended referral is not accepting new clients
- Educate students about the growing option of telehealth and CT's telehealth parity

Establishing Relationships with Providers

- Invite providers to campus for networking
- Invite community providers to campus to provide student workshops and trainings