



General Assembly

Substitute Bill No. 205

February Session, 2022



AN ACT ESTABLISHING A CHILDREN'S MENTAL HEALTH DAY IN CONNECTICUT.

Be it enacted by the Senate and House of Representatives in General Assembly convened:

1 Section 1. Subsection (a) of section 10-29a of the 2022 supplement to
2 the general statutes is amended by adding subdivision (104) as follows
3 (*Effective from passage*):

4 (NEW) (104) Get Outside and Play for Children's Mental Health Day.
5 The Governor shall proclaim May twenty-sixth of each year to be Get
6 Outside and Play for Children's Mental Health Day to raise awareness
7 about issues relating to children's mental health and the positive effect
8 that being outdoors has on children's mental health and wellness.
9 Suitable exercises shall be held in the State Capitol and in the public
10 schools on the day so designated or, if that day is not a school day, on
11 the school day preceding, or on any such other day as the local or
12 regional board of education prescribes.

13 Sec. 2. (NEW) (*Effective July 1, 2022*) For the school year commencing
14 July 1, 2022, and each school year thereafter, the Department of
15 Education shall provide annual notice to local and regional boards of
16 education about Get Outside and Play for Children's Mental Health
17 Day, as proclaimed pursuant to subdivision (104) of subsection (a) of
18 section 10-29a of the general statutes, as amended by this act, and

19 include with such notice any suggestions or materials for suitable
20 exercises that may be held in observance of such day.

This act shall take effect as follows and shall amend the following sections:		
Section 1	<i>from passage</i>	10-29a(a)
Sec. 2	<i>July 1, 2022</i>	New section

KID *Joint Favorable Subst.*