

My responses to the recent series of deadly national convulsions.

<http://www.velandymanoharmd.com/RecentEvents.en.html>

We Can't Breathe

An earlier, succinct response

Right is Right

A more reflective, textual response.

I have offered several songs to identify the main issues and provide a historical perspective, convey the anguish of uncovering and rediscovering horrible directed inhumane depraved acts that must addressed all over again. Please listen to the songs that I have offered to make this a healthy and a potentially adaptive response. I composed these starting December 3rd in response to the series of deadly national convulsions. Please feel to share with others.



“The arc of the moral universe is long, but it bends towards justice.”

Dr. Martin Luther King Jr.

To me this visionary concept is very real and in no way, form or manner a mere abstraction or rhetorical flourish.

Please [click here](#) and take some time to look at [an Arc I designed to illustrate the trials and tribulations of Ms. Marissa Alexander and her redemption](#) [At least for now].

You can [read about the story of Ms. Alexander’s triumph](#) with the help of intense campaigning [here](#).

A similar Arc could be drawn to illustrate the depths of despair in the lives of the US Marines who lived in Camp Lejeune in 1957 to 1985 who were poisoned by the

toxins in the ground water and the death of little Janey Ensminger who died in 1985 with Leukemia.

The Ensminger families and others in their shoes were stone walled by the Administrative components of the USMC for years. Finally we were able to enact the Janey Ensminger Law in 2012 that will seek out and fund the Tx for all those who are affected by Toxic exposure during the years 1957 to 1985.

[Read the Camp Lejeune Water Contamination Synopsis](#)
[Read about the Janey Ensminger Act](#)

There are many such examples when the Arc of the Moral Universe was demonstrably bent towards the truth by public awareness campaigns carefully calibrated and purposefully focused.

"It is easier to build strong children than to repair broken men."

— Frederick Douglass

"I prayed for freedom for twenty years, but received no answer until I prayed with my legs."

— Frederick Douglass, Autobiographies

"This struggle may be a moral one, or it may be a physical one, and it may be both moral and physical, but it must be a struggle. Power concedes nothing without a demand. It never did and it never will. Find out just what any people will quietly submit to and you have found out the exact measure of injustice and wrong which will be imposed upon them, and these will continue till they are resisted with either words or blows, or with both. **The limits of tyrants are prescribed by the endurance of those whom they oppress.** In the light of these ideas, Negroes will be hunted at the North, and held and flogged at the South so long as they submit to those devilish outrages, and make no resistance, either moral or physical. **Men may not get all they pay for in this world; but they must certainly pay for all they get. If we ever get free from the oppressions and wrongs heaped upon us, we must pay for their removal. We must do this by labor, by suffering, by sacrifice, and if needs be, by our lives and the lives of others."**

— Frederick Douglass

"The American people have this to learn: that where justice is denied, where poverty is enforced, where ignorance prevails, and **where any one class is made to feel that society is an organized conspiracy to oppress, rob, and degrade them, neither person nor property is safe.**"

— Frederick Douglass

"Once you learn to read, you will be forever free."

— Frederick Douglass

Summary of the Civil Struggle of the Sixties

Rosa Sat-

Martin Stood-

Martin Marched-
Civil rights enacted-
Martin laid down!

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