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SEIU 1199NE
Before the
Appropriations Committee

Good afternoon Senator Osten, Representative Walker and members of the Committee, my name is Sonja Morton. I'm a licensed clinical social worker in the Department of Mental Health and Addiction Services. I work in mobile crisis as a trained clinician at the Capitol Region Mental Health Center in Hartford, where we help people who are experiencing mental health emergencies. Mobile crisis services are a collaborative intervention providing the most effective strategy for responding to mental health emergencies, preventing suicides and overdose deaths, and reducing ER visits. We are the workers who provide the safety net for the most disadvantaged people with severe and prolonged mental illness, often complicated by substance abuse. In Hartford and across Connecticut, we disproportionately serve people of color. I'm here today to ask that you allocate \$6 million in funding to DMHAS's mobile crisis unit.

Over many years and especially the last ten, chronic underfunding has cut our services to the bone – leaving huge gaps in coverage on nights and weekends. As a result, mental health emergencies are often handled by the police—not trained mental health professionals like us.

We need to expand mobile crisis services now more than ever. The pandemic and the huge mental health crisis that it has created have exposed the cracks in our safety net—cracks that our members and our clients have known about for a long time. At Capitol Region, the number of calls we receive from the police has tripled since the start of the pandemic.

Recently I was working on a Saturday. My coworker responded to a 211 call from a woman experiencing an emergency—she had overdosed. My coworker knew the woman and her specific needs, so she was able to react quickly. If the woman had called later on during the night, and got the answering machine, she would have died. It was only because my experienced coworker was on shift to take the call that a precious life was saved and not lost.

This year we **MUST** expand Mobile Crisis Services. It's the difference between life and death. We have the resources to fund universal, comprehensive, mobile crisis services statewide. And as 1199 members, we are demanding this as a matter of justice – for the people that have been left behind in our society. We are demanding this as a matter of racial justice, because the majority of the individuals we serve in mobile crisis are Black and brown. It's not a coincidence that these cuts have been made to a service that

primarily assists working-class communities and communities of color in particular. This problem is systemic and you have the ability to change that. Please fund DMHAS's mobile crisis units across the state. Thank you for your time.