

Testimony in support of:  
**S.B. No 1: AN ACT EQUALIZING COMPREHENSIVE ACCESS TO MENTAL, BEHAVIORAL  
AND PHYSICAL HEALTH CARE IN RESPONSE TO THE PANDEMIC.**

Submitted by:  
Connor Smith  
Ledyard High School  
24 Gallup Hill Road  
Ledyard, CT 06339

March 15, 2021

Dear Members of the Public Health Committee,

My name is Connor Smith and I am a Junior at Ledyard High School and I am studying and learning about mental health issues. Personally, I have seen a family member struggle with mental health and issues with accepting reality. They were unable to get the help they needed. I have friends who struggle with mental health and cannot get help. Some do not see they have a problem, accept the fact or even know to get help.

I urge you to support S.B No 1 to increase mental health care for everyone. My hope is that by raising awareness and providing more places where people of all ages and income levels can get the help they need.

Thank you for your consideration.

Sincerely,

Connor Smith